

SHREE VASISHTHA VIDHYALAYA, VAV

(English Medium, CBSE affiliated, Member-NPSC, Recipient-International School Award)

Dear Parents,

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“The greatest legacy we can leave our children is happy memories.”

Home is the first school of a child and parents are the most loving and their first teachers. As now the vacations have started your little ones have more time to spend with you. It is an opportunity to have a wholesome family time and to create lasting memories to cherish.

Though we know you must have planned something amazing for them, here are some more suggestions to make these days meaningful and memorable for your children, while keeping them away from harmful electronic gadgets:

1. **Outdoor Adventures:** Plan outdoor activities such as hiking, camping, biking, or even just exploring nature in nearby park. These activities not only provide exercise but also allow children to appreciate the beauty of the natural world.
2. **Educational Trips:** Visit museums, zoos, aquariums, or historical sites in your area. These trips can be both fun and educational, allowing children to learn about science, history, and nature in an engaging way.
3. **Learn a skill:** Set aside some time for creative activities such as painting, drawing, singing, dancing or crafting. Encourage children to express themselves through art and allow them to explore their creativity.
4. **Cooking:** Involve children in meal preparation by cooking or baking together. Teach them basic cooking skills and allow them to experiment with different recipes. This not only provides valuable life skills but also fosters a sense of accomplishment.
5. **Family Game Nights:** Dedicate time to playing board games, card games, or outdoor sports as a family. These activities promote bonding and friendly competition while also teaching children important social skills such as teamwork and sportsmanship.
6. **Technology-Free Hours:** Designate time where electronic devices are put away, and instead, focus on spending quality time together without distractions. This could involve going for a nature walk, having a picnic, or everyone simply doing their own work.
7. **Document Memories:** Encourage children to keep a journal or scrapbook to document their summer experiences. This allows them to reflect on their adventures and create a tangible keepsake to cherish in the future.
8. **Family Read-Alouds:** Choose a book to read together as a family and set aside time each day to enjoy a chapter or two. Reading aloud promotes literacy skills, stimulates imagination, and provides an opportunity for meaningful discussions.
9. **Tickle the taste buds:** Explore the local and the seasonal delicacies like mangoes, kulfies along with other traditional recipes with children avoiding packed or outside food. It will help them appreciate local cuisine and avoid making unhealthy choices.

Remember to be flexible and open to spontaneity during your vacation time with children. The most important thing is to create an environment where everyone feels valued, connected, and happy.

May you all have a miraculous vacation together!

Warm regards,

Dr. A K Gaur
Advisor

Ms. S. Srivastava
Principal