



SHREE VASISHTHA VIDHYALAYA

English Medium-CBSE

*"Summer brings the time to rest,
But learning too can be at its best!"*

Dear Students,

Summer is here—a time to relax, recharge, and make unforgettable memories!

The Vasishtha family wishes each one of you a happy, safe, and joy-filled summer vacation. May this break bring you moments of laughter, discovery, and quality time with your family and friends. When you return to school, we hope you come back refreshed and full of new energy and ideas.

To help you stay mentally active and creatively engaged during the holidays, the school has prepared a Summer Assignment. It is thoughtfully designed not only to reinforce your learning but also to encourage self-discipline, time management, and independent thinking-skills that will serve you well throughout your academic journey.

- **Summer Assignment – General Guidelines:**

1. All work must be completed neatly and by hand.
2. The assignment is an integral part of your **Term-I Multiple Assessments** and will be evaluated based on: **Quality of Content, Presentation & Neatness, Originality & Creativity, Innovation & Effort**
3. Submission Deadline: **Tuesday, 10th June 2025**
4. Do all the subject wise assignments separately on **project papers**.
5. **Integrate photos** wherever possible.

We encourage you to approach this assignment with enthusiasm and imagination. Use this opportunity to explore, reflect, and express yourself in unique ways.

Wishing you a meaningful and magical summer!

*Regards,
SVV*

SUMMER ASSIGNMENT 2025-26 CLASS – VII

Integrated Summer Assignment

Theme: Sustainable Living & Environment

Subject	Assignment
English	<ol style="list-style-type: none"> Write a short story (200–250 words) based on the theme ‘A Day Without Electricity.’ Create a poem on “Nature and Me” with at least two stanzas and a rhyming scheme.
Maths	<ol style="list-style-type: none"> Collect data from your neighbourhood or family on daily water usage and represent it using a bar graph. Research the number of hours of sunlight in your city during summer. <ol style="list-style-type: none"> If a solar panel generates 300w per hour of energy, calculate how much energy a panel can generate in a day. Find how many such panels would be needed to power a home that needs 5000W per day.
Science	<ol style="list-style-type: none"> Make a chart in scrapbook on ‘Sources of Energy: Renewable vs Non-Renewable.’ Do a simple home experiment (e.g., making a solar oven or water filter) and explain the process and result in your own words (1 page).
Social Science	<ol style="list-style-type: none"> Create a travel brochure for a sustainable tourist destination in India (e.g., Sikkim, Kerala, etc.). Write a short note (100 words) on “How ancient Indian civilizations practiced sustainable living.”
AI	<ol style="list-style-type: none"> Design a PowerPoint presentation (5–6 slides) on ‘Ways to Save Energy at Home.’ Use Canva or any digital tool to create a poster on ‘Say No to Plastic.’
Hindi	<ol style="list-style-type: none"> ‘स्वच्छता का महत्व’ विषय पर २०० शब्दों में निबंध लिखिए। एक कहानी लिखिए। जिसमें मुख्य पात्र एक वृक्ष है।
Gujarati	<ol style="list-style-type: none"> પર્યાવરણને બચાવવા તમે કેવા પ્રયત્નો કરશો તે જણાવતો પત્ર તમારા મિત્રને લખો.
Art & Craft	<ol style="list-style-type: none"> Create an educational model or collage using only recycled materials (e.g., paper, plastic bottles, cloth). Make a ‘Thank You Nature’ card using leaves, flowers, or natural colors.
Physical Education	<ol style="list-style-type: none"> Make a list of games you played during vacations. Write your experience in 50 words. You can paste your pictures clicked during the playtime.

SUMMER MAGIC BUCKET LIST

For Dreamers, Doers & Distinguished Brains

- **DAILY JOY MISSIONS:**

- ☐ Wake up early and catch the sunrise.
- ☐ Spend time with grandparents.
- ☐ Compliment someone for the good work.
- ☐ Spend 1 hour daily for gadget free indoor games.

- **BRAIN BOOSTERS:**

- ☐ Read a book from a genre you've never tried.
- ☐ Watch a documentary and write down 3 cool facts.
- ☐ Learn 10 new words and use them in a sentence.
- ☐ Start a "Wonder List" — questions you want to explore.
- ☐ Make your own quiz and test your family!

- **CREATIVITY QUESTS:**

- ☐ Create your own art challenge. (1 sketch/drawing/collage a day!)
- ☐ Make a handmade journal/scrapbook.
- ☐ Try composing/ collecting poetry.
- ☐ Build something out of recycled stuff.

- **ADVENTURES & DISCOVERIES:**

- ☐ Watch the clouds and name the shapes.
- ☐ study the list of games included in Olympics.
- ☐ Do a treasure hunt in your own house.
- ☐ Visit a local museum, zoo, or historic place.

- **KINDNESS MISSIONS:**

- ☐ Write a thank-you note to someone special.
- ☐ Help a neighbour, friend, or sibling with a task.
- ☐ Leave a happy note for someone to find.
- ☐ Make a care package or donate old toys/clothes.
- ☐ Be kind to yourself — say 3 nice things about YOU.

- **FUTURE ME GOALS:**

- ☐ Write a letter to your future self. (to open next summer)
- ☐ Make a vision board for what you expect from you in this year.
- ☐ List 5 things you want to learn this year.
- ☐ Create a personal motto for the summer.
- ☐ End your summer by writing: "What I loved most this summer was..."

SUMMER VACATION DO's & DON'Ts FOR STUDENTS

A guide to having fun, staying smart, and being awesome all summer!



DO's – Be Bright, Be Brave, Be Balanced



Start your day right: Wake up early, stretch, smile, and shine!



Read something every day: Books, comics, articles—feed your brain!



Create, don't just consume: Draw, build, write, dance, or invent.



Go outside daily: Touch grass, ride your bicycle, feel the morning sun.



Hydrate + eat colourful foods: Water, fruits, and veggies = summer fuel.



Do your homework little by little: No rush, no stress, just progress.



Spend time with family: Help out, share stories, play together.



Try something new: A recipe, a hobby, a language, or a game.



Rest your mind: Power naps and screen breaks are powerful!



Be kind: Summer glow starts by making others happy.



DON'Ts – Ditch the Drains!



Don't scroll all day: Your phone isn't summer's main character.



Don't let boredom win: Create your own fun before it finds you!



Don't snack all day on junk: You're not a machine.



Don't sleep all day & stay up all night: Balance = better energy!



Don't binge mindlessly: Watch stuff that makes you think or laugh.



Don't leave homework for the last week: Your future self will thank you!



Don't argue at home: Use that energy for something awesome.



Don't compare your summer to others: Make yours magical.



Don't forget to move your body: Dance, walk, run—just move!



Don't ignore safety: Online, outdoors, or in the kitchen—stay smart!

LOGICAL PUZZLE



Please Click on the tab provided below to explore a selection of engaging puzzles. Take your time to solve them, and kindly submit your answers upon your return. (The soft Copy is available in School App)



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