



SHREE VASISHTHA VIDHYALAYA

CBSE

SUMMER ASSIGNMENT 2026

★ Class: VII ★



Dear Students,

Summer is a wonderful time to relax, refresh, and create joyful memories. We wish you a safe, happy, and meaningful vacation filled with learning and fun. To keep you intellectually active and creatively engaged, the school has prepared a Summer Assignment. This assignment aims to enhance your



Self-Discipline



Time Management



Creativity and Independent thinking

GENERAL GUIDELINES

- 1 All work must be completed neatly by hand.
- 2 The assignment is a part of Term-I Multiple Assessments.
- 3 Evaluation will be based on:



Quality of Content



Presentation & Neatness



Originality & Creativity



Innovation & Effort

- 4 **Submission Date: Tuesday, 10th June 2026.**
- 5 Complete each subject's work separately on project papers or as instructed.
- 6 Attach relevant pictures/photos wherever possible.



IMPORTANT NOTE

Approach your work with enthusiasm and imagination.
Use this opportunity to explore new ideas and express yourself creatively.

“ Summer brings the time to rest,
But learning too can be at its best!” ”

Regards,
SVV Family

Integrated Summer Assignment

Theme: The Science of Summer

Subject	Assignment
English	<ul style="list-style-type: none"> Write a diary entry on a project paper about a hot summer day.
Maths	<p>A standard recipe for making buttermilk (Chhas) uses 1 part curd to 3 parts water. You are preparing Chhas for a gathering. Using the concept of ratio and proportion, answer the following:</p> <p>Case 1: You need to make 2 litres of Chhas. (a) What is the total number of parts in the recipe? (b) How much curd (in ml) is required? (c) How much water (in ml) is required?</p> <p>Case 2: Now, you need to make 5 litres of Chhas. (a) How much curd (in ml) is required? (b) How much water (in ml) is required</p>
Science	<p>Select any 10 states of India. For each state, identify one commonly consumed summer staple food and explain the scientific reason why it is suitable for the summer season. Present your work neatly in scrapbook. You may include pictures, diagrams, or a table for better presentation.</p> <p>Example: State: Gujarat Staple Summer Food: Buttermilk (Chhas) Scientific Reason: Buttermilk helps in cooling the body, aids digestion, and replenishes water and electrolytes lost due to sweating during hot weather.</p>
Social Science	<p>(a) On an A4 sheet, draw a diagram of the Earth's orbit around the Sun. Mark the Summer Solstice (June 21st). Clearly label the Tilt of the Earth (23.5 degree), the Equator, the Tropic of Cancer, and the Tropic of Capricorn.</p> <p>(b) Hemisphere Comparison: If it is summer in New Delhi, India, what season is it in Canberra, Australia? Explain the science behind this seasonal difference.</p>
AI	<p>How do Artificial Intelligence and computers work together to collect data, predict summer weather conditions like heatwaves, and provide real-time updates through weather apps?</p> <p>Prepare a PPT (Power Point Presentation) to present the details (Share it to the respective computer teacher).</p>
Hindi	<p>गर्मियों में सुबह की सैर और व्यायाम शरीर के लिए किस प्रकार लाभदायक हैं अपने अनुभव 200 शब्दों में प्रोजेक्ट पेपर पर लिखिए।</p>
Gujarati	<p>સંવાદલેખન – "ઘરતીની વેદના અને સૂર્યનો પ્રકોપ" વિગત: ઉનાળાના આકરા તાપથી પરેશાન પૃથ્વી માતા અને ગરમીના સ્ત્રોત એવા સૂર્ય દાદા વચ્ચે થતી વાતચીત તમારા શબ્દોમાં લખો. * મુદ્દાઓ: સંવાદમાં ગ્લોબલ વોર્મિંગ, વૃક્ષોનું નિકંદન અને પ્રદૂષણ જેવા કારણોની ચર્ચા કરી, અંતમાં 'વૃક્ષારોપણ'નો સંદેશ આપવો. * સંવાદ ઓછામાં ઓછી ૧૦ થી ૧૨ લીટીનો અને સુંદર અક્ષરે લખવો. * પાત્રોના હાવભાવ (જેમ કે: ગુસ્સામાં, કરગરીને, ગંભીર થઈને) કૌંસમાં દર્શાવવા.</p>

SUMMER MAGIC BUCKET LIST

For Dreamers, Doers & Distinguished Brains

- **CREATIVITY QUESTS:**

- Create your own art challenge. (1 sketch/drawing/collage a day!)
- Make a handmade journal/scrapbook.
- Try composing/ collecting poetry.
- Build something out of recycled stuff.

- **DAILY JOY MISSIONS:**

- Wake up early and catch the sunrise.
- Spend time with grandparents.
- Compliment someone for the good work.
- Spend 1 hour daily for gadget free indoor games.

- **ADVENTURES & DISCOVERIES:**

- Watch the clouds and name the shapes.
- study the list of games included in Olympics.
- Do a treasure hunt in your own house.
- Visit a local museum, zoo, or historic place.

- **FUTURE ME GOALS:**

- Write a letter to your future self. (to open next summer)
- Make a vision board for what you expect from you in this year.
- List 5 things you want to learn this year.
- Create a personal motto for the summer.
- End your summer by writing: "What I loved most this summer was..."

- **KINDNESS MISSIONS:**


- Write a thank-you note to someone special.
- Help a neighbour, friend, or sibling with a task.
- Leave a happy note for someone to find.
- Make a care package or donate old toys/clothes.
- Be kind to yourself – say 3 nice things about YOU.

- **BRAIN BOOSTERS:**

- Read a book from a genre you've never tried.
- Watch a documentary and write down 3 cool facts.
- Learn 10 new words and use them in a sentence.
- Start a "Wonder List" – questions you want to explore.
- Make your own quiz and test your family!



OPEN-ENDED QUESTION CARDS

Open-Ended Questions

If telling the truth hurts someone, should you still tell it?

How much screen time is too much? Who should decide?

Do individuals really make a difference in saving the environment? How?

How can small actions at home show responsibility?



Is success more important than being a good person?

What kind of person do you want to become?

Should you support your friend(s) even if he/ she/they are wrong? Why?

Is it ever okay to break a rule? Why? Why not?

What would you do if your best friend is being unfair to someone else?

Note: Kindly attempt the answers in the boxes provided.

