



VASISHTHA GENESIS SCHOOL

Managed by Jay Khodiyar Education & Charitable Trust
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Dear Parents,

Greetings from the school.

As you may be aware, the frequency and intensity of heatwaves have increased significantly in recent years, posing challenges to health and well-being, especially for children. In light of the advisory issued by the India Meteorological Department (IMD), we request your cooperation in ensuring the safety of our students during this period.

At school, we have taken necessary measures to protect children from extreme heat. Outdoor activities are being regulated, and **sports participation will not be mandatory**. Students who feel uncomfortable may choose to sit out and rest during such periods.

We kindly request parents to take the following precautions at home:

- Ensure your child stays well-hydrated by drinking plenty of water.
- Encourage wearing light, loose, and breathable clothing.
- Provide caps/umbrellas where necessary.
- Avoid sending children to school without proper meals.
- Be attentive to any signs of heat exhaustion or discomfort.

For your reference and better awareness, we are also sharing a QR code that links to a booklet issued by the National Disaster Management Authority (NDMA), which provides detailed guidelines on managing and preventing heat-related illnesses.

Let us work together to ensure the safety and well-being of our children during this challenging weather.

Warm regards,

SS Rathore

Principal

VGS, Baben, Bardoli

NDMA Booklet link

