



Exercises

Objective Type Questions

A. Name the organ system that does the following.

1. Helps in movement of body organs such as the heart *Muscular system*
2. Helps in breaking down food into simple substances *Digestive system*
3. Framework that gives the body its shape *skeleton*
4. Carries digested food and oxygen to all parts of the body *Circulatory system*
5. Helps to take in oxygen from air *Respiratory system*

B. Choose the correct option.

1. Which of these organs controls all other organs of the body?
☒ a. Brain b. Kidneys c. Heart d. Stomach
2. Which of these is not a sense organ?
☒ a. Nerves b. Tongue c. Skin d. Ears
3. The sense organ that enables us to feel hot and cold is:
a. nose b. eyes ☒ c. skin d. ear
4. Which of these is not a part of the circulatory system?
a. Blood ☒ b. Stomach c. Blood vessels d. Heart
5. Which system converts food into a form in which it can be absorbed by the body?
a. Circulatory b. Respiratory ☒ c. Digestive d. Excretory
6. Which organ system protects the soft organs in our body?
a. Nervous ☒ b. Skeletal c. Digestive d. Muscular

C. Fill in the blanks.

1. The five sense organs in our body are *tongue*, *eyes*, *nose*, *skin* and *ears*.
2. Air enters the *lungs* through the wind pipe.
3. The *circulatory system* has tubes through which digested food and oxygen are carried to all parts of the body.
4. Breaking down of food into tiny simple substances is called *digestion* of food.
5. To smile, you use your *muscular* system.