



SHREE VASISHTHA VIDHYALAYA

Science Worksheet 2025-26

Name: _____

Std. II - _____

Roll No. _____

Worksheet No: - CA1-02

Date: - _____

Conceptual understanding

Q-1 Fill in the blanks.

- 1) Animals that live in the forest are called _____.
- 2) _____ are animals that eat both plants and animals.
- 3) There are more than _____ muscles in our body.
- 4) We can make our muscles strong by _____.
- 5) Cream, butter and oil are _____.
- 6) _____ helps us to remain healthy.

Q-2 Write True or False for given statement.

- 1) Frog and lizard eat insects . _____
- 2) Snake crawls on the land. _____
- 3) There are 206 bones in our body. _____
- 4) Correct posture helps the bones to grow properly. _____
- 5) We should eat same kind of food. _____
- 6) We should eat too many sweets, chocolate and other fast foods. _____

Q-3 Choose the correct answer.

- 1) **Scavengers** / **Omnivorous** eat flesh of dead animals.
- 2) **Rabbit** / **Snake** swallows its food without chewing.
- 3) Muscles of the arms and legs are **small** / **big**.
- 4) **Bones** / **Muscles** are hard and strong.
- 5) Vegetables and fruits are good source of **vitamins** / **fats**.
- 6) Proper food habits are necessary for **health** / **wealth**.

Q-4 Write any 2 examples.

- 1) Plant eating animals _____, _____
- 2) Flesh eating animals _____, _____
- 3) Sense organs _____, _____
- 4) Protective food _____, _____
- 5) Energy giving food _____, _____

Q-5 Answer in one word.

- 1) It pumps blood to all the parts of body. _____.
- 2) The quick tongue movements by which some animals drink water or milk is known as _____.
- 3) They are attached to bones and help us to move _____.
- 4) They give shape to our body _____.
- 5) It should be washed before we eat them _____.

Q-6 Match the following.

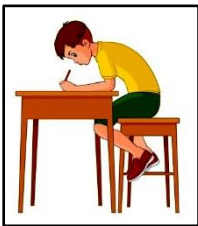
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|--------------------------|------------------------------|
| 1) blood sucking | a. protects us from diseases |
| 2) burrows | b. framework of bones |
| 3) tissue | c. mosquito |
| 4) skeleton | d. rabbit |
| 5) vitamins and Minerals | e. a group of cells |

Answer: 1)-_____, 2))-_____, 3)-_____, 4)-_____, 5)-_____.

Scientific skills:

Q-1 Tick '✓' the correct posture and '✗' the wrong posture.

1)

☐

2)

☐

3)

☐

4)

☐

5)

☐

6)

☐

Q-2 Write Yes for good habits and No for bad habits.

- | | | | |
|-------------------------------|-------|--|-------|
| 1) Take meals at fixed hours | _____ | 4) Eat at clean places and use clean plates. | _____ |
| 2) Avoid stale or spoilt food | _____ | 5) Rinse your mouth every meal | _____ |
| 3) Always eat fast | _____ | 6) Always overeat | _____ |

Q-3 Answer the following question.

- 1) What is the name of this animal _____
- 2) Is it a plant eater or flesh eater? _____
- 3) Where does it live? _____

