

**VASISHTHA GENESIS SCHOOL, BARDOLI**

(Academic Session: 2024-25)

Date: \_\_\_\_\_ Class: 3<sup>rd</sup>

Div: A / B / C

Roll No: \_\_\_\_\_ Sub: S.S

Name: \_\_\_\_\_

Worksheet: HYL ANSWERKEY WS  
CH-5**Ch – 5 Our Food****Q1. Fill in the blanks.**

HIMACHAL PRADESH and JAMMU & KASHMIR are famous for the wide variety of apples.

- i. RICE and WHEAT are the most popular food grains in India.
- ii. People who eat meat, fish and egg are called VEGETARIAN and people who do not eat meat egg and fish are called NON- VEGETARIAN
- iii. Nagpur in MAHARASHTRA is famous for ORANGES.
- iv. RICE is eaten by maximum number of people in the world.
- v. Spices makes the food TASTY and COLOURFUL.

**Q2. Name the followings.**

- i. Name the fruits that are available throughout the year: BANANA and APPLES
- i. Name any three types of food grains: RICE, WHEAT AND CORN.
- ii. Name the vegetables that are available throughout the year: POTATO, ONION AND BRINJAL.
- iii. Name any three types of pulses: ARHAR, GREEN MOONG BEANS AND BLACK GRAMS.
- iv. Name three spices : CLOVES, CUMIN AND CHILLI
- v. Name any three cooking oil: MUSTARD OIL GROUNDNUT OIL AND SUNFLOWER OIL.

**Q3. Match the column.**

A	ANS	B
i. Variety of apples	a. coastal areas	i- c
ii. Variety of mangoes	b. western part of India	ii- d
iii. Wheat mainly grown	c. Jammu and Kashmir	iii- e
iv. jowar and bajra	d. Uttar Pradesh	iv- b
v. fishing	e. Northern states of India	v- a

## **CH-5 Our FOOD**

### **ANSWER THESE QUESTIONS:**

**Q i. Name the two most popular food grains of India.**

Ans: The two most popular food grains of India are rice and wheat.

**Q ii. What do vegetarians eat?**

Ans: Vegetarians eat fruits, vegetables, fruits, pulses and milk products.

**Q iii. Name the three vegetables that are available throughout the year?**

Ans: Vegetables that are available throughout the year are Potato, onion and brinjal

**Q iv. Why do people living in eastern and southern India eat more rice?**

Ans: The people living in eastern and southern India eat more rice because it is grown in large quantity here.

### **Extra questions:**

**i. Name some food grains.**

Ans: wheat, rice, rye, oat, barley, maize, jowar, Bajra, ragi etc.,

**ii. Name some pulses.**

Ans: Arhar, moong, urad and masoor.

**iii. Name some of the popular oils used in India.**

Ans: ghee, mustard oil, groundnut oil and coconut oil.

**iv. Name some of the most commonly used spices.**

Ans: turmeric, chillies, cloves and pepper.

**v. Why do we add spices while preparing food?**

Ans: We add spices while preparing food because it makes the food tasty and colourful.