

VASISHTHA GENESIS SCHOOL, BARDOLI

(Academic Session: 2024-25)

Date: _____

Class: 3rd

Div: A / B / C

Roll No: _____

Sub: S.S

Name: _____

Worksheet: HYL ANSWERKEY WS
CH-5

Ch – 5 Our Food

Q1. Fill in the blanks.

HIMACHAL PRADESH and JAMMU & KASHMIR are famous for the wide variety of apples.

- i. RICE and WHEAT are the most popular food grains in India.
- ii. People who eat meat, fish and egg are called VEGETARIAN and people who do not eat meat egg and fish are called NON- VEGETARIAN
- iii. Nagpur in MAHARASHTRA is famous for ORANGES.
- iv. RICE is eaten by maximum number of people in the world.
- v. Spices makes the food TASTY and COLOURFUL.

Q2. Name the followings.

- i. Name the fruits that are available throughout the year: BANANA and APPLES
- i. Name any three types of food grains: RICE, WHEAT AND CORN.
- ii. Name the vegetables that are available throughout the year: POTATO, ONION AND BRINJAL.
- iii. Name any three types of pulses: ARHAR, GREEN MOONG BEANS AND BLACK GRAMS.
- iv. Name three spices : CLOVES, CUMIN AND CHILLI
- v. Name any three cooking oil: MUSTARD OIL GROUNDNUT OIL AND SUNFLOWER OIL.

Q3. Match the column.

A	ANS	B
i. Variety of apples	a. coastal areas	i- c
ii. Variety of mangoes	b. western part of India	ii- d
iii. Wheat mainly grown	c. Jammu and Kashmir	iii- e
iv. jowar and bajra	d. Uttar Pradesh	iv- b
v. fishing	e. Northern states of India	v- a

CH-5 Our FOOD

ANSWER THESE QUESTIONS:

Q i. Name the two most popular food grains of India.

Ans: The two most popular food grains of India are rice and wheat.

Q ii. What do vegetarians eat?

Ans: Vegetarians eat fruits, vegetables, fruits, pulses and milk products.

Q iii. Name the three vegetables that are available throughout the year?

Ans: Vegetables that are available throughout the year are Potato, onion and brinjal

Q iv. Why do people living in eastern and southern India eat more rice?

Ans: The people living in eastern and southern India eat more rice because it is grown in large quantity here.

Extra questions:

i. **Name some food grains.**

Ans: wheat, rice, rye, oat, barley, maize, jowar, Bajra, ragi etc.,

ii. **Name some pulses.**

Ans: Arhar, moong, urad and masoor.

iii. **Name some of the popular oils used in India.**

Ans: ghee, mustard oil, groundnut oil and coconut oil.

iv. **Name some of the most commonly used spices.**

Ans: turmeric, chilies, cloves and pepper.

v. **Why do we add spices while preparing food?**

Ans: We add spices while preparing food because it makes the food tasty and colourful.