



# SHREE VASISHTHA VIDHYALAYA

## English Worksheet 2025-26



Name : - \_\_\_\_\_  
Roll No : - \_\_\_\_\_

### Worksheet – PA-1

Std.: - IV - \_\_\_\_\_  
Date : - \_\_\_\_\_

#### Q-1) Multiple choice questions.

- 1) What is the main benefit of practicing yoga?  
a) to play sports      b) to watch tv      c) to stretch and get fit
- 2) Which yoga pose helps to improve balance and focus?  
a) Tree Pose      b) Cobra Pose      c) Mountain Pose
- 3) What is often found in the Ice cream man's cart?  
a) Books      b) Fruits      c) Ice cream flavors
- 4) Which yoga pose help to stretch your chest and shoulders?  
a) Mountain Pose      b) Cobra Pose      c) Tree Pose
- 5) How does the Ice cream man like to make the children feel in the poem?  
a) Happy      b) Angry      c) Tired

#### Q-2) Fill in the blanks.

- 1) Warrior pose is also called \_\_\_\_\_.
- 2) There are \_\_\_\_\_ major periods in the evolution of yoga.
- 3) International yoga day is celebrated on \_\_\_\_\_.
- 4) \_\_\_\_\_ is one of the oldest texts of the Vedas.
- 5) \_\_\_\_\_ is the poet of the poem "The Ice cream man".

#### Q-3) Write 'T' for true and 'F' for false statements.

- 1) Yoga improves flexibility and balance. \_\_\_\_\_
- 2) Bhujangasana is also known as a cobra pose. \_\_\_\_\_
- 3) The poem "Ice cream man" describes a winter scene. \_\_\_\_\_
- 4) Tree pose is practiced with both feet on the ground. \_\_\_\_\_
- 5) The ice cream man's cart only has one flavor of ice cream. \_\_\_\_\_

#### Q-4) Underline the nouns in the given sentences.

- 1) The book is on the table.
- 2) The students are studying for their exams.
- 3) The dog is barking loudly.
- 4) The computer is not working properly.
- 5) The picture is hanging on the wall.
- 6) The kids are playing in the park.

#### Q-5) Write the Plural forms of Noun.

1) Watch	- _____	5) Door	- _____
2) Country	- _____	6) Library	- _____
3) Shoe	- _____	7) Family	- _____
4) Box	- _____	8) Booklet	- _____

#### Q-6) Change the Masculine gender nouns into feminine gender nouns.

1) Nephew	- _____	3) Actor	- _____
2) Waiter	- _____	4) Salesman	- _____

5) Wizard - \_\_\_\_\_

6) Son - \_\_\_\_\_

7) Hero - \_\_\_\_\_

8) Steward -

**Q-7) Rewrite these sentences using possessive nouns.**

1) The toys are for the children.

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The house is owned by my parents

3) The dress of Meera is new.

The toys of the babies are funny.

5) The car of my uncle is red.

**Q-8) Underline the adjectives and state their kinds.**

- 1) These flowers are for my mother. \_\_\_\_\_
- 2) The delicious cake was devoured in minutes. \_\_\_\_\_
- 3) This book is my favourite. \_\_\_\_\_
- 4) The team has three chances to win. \_\_\_\_\_
- 5) The beautiful sunset was admired by all. \_\_\_\_\_
- 6) She has much experience in marketing. \_\_\_\_\_

**Q-9) Underline the adjectives and circle the nouns.**

- 1) This amazing painting was admired by all.
- 2) This crunchy snack is homemade.
- 3) The quiet library was a great place to study.
- 4) The best student received an award.
- 5) She is a brilliant scientist.
- 6) The long journey was tiring.

### **Q-10) Diary writing.**

**Write a diary entry in about 50 words for fun activities in school.**