



# SHREE VASISHTHA VIDHYALAYA

## English Worksheet 2025-26



Name : - \_\_\_\_\_

Std.:- IV - \_\_\_\_\_

Roll No :- \_\_\_\_\_

Worksheet – PA-1

Date : - \_\_\_\_\_

### Q-1) Multiple choice questions.

- 1) What is the main benefit of practicing yoga?  
a) to play sports                      b) to watch tv                      c) to stretch and get fit
- 2) Which yoga pose helps to improve balance and focus?  
a) Tree Pose                      b) Cobra Pose                      c) Mountain Pose
- 3) What is often found in the Ice cream man's cart?  
a) Books                      b) Fruits                      c) Ice cream flavors
- 4) Which yoga pose help to stretch your chest and shoulders?  
a) Mountain Pose                      b) Cobra Pose                      c) Tree Pose
- 5) How does the Ice cream man like to make the children feel in the poem?  
a) Happy                      b) Angry                      c) Tired

### Q-2) Fill in the blanks.

- 1) Warrior pose is also called \_\_\_\_\_.
- 2) There are \_\_\_\_\_ major periods in the evolution of yoga.
- 3) International yoga day is celebrated on \_\_\_\_\_.
- 4) \_\_\_\_\_ is one of the oldest texts of the Vedas.
- 5) \_\_\_\_\_ is the poet of the poem "The Ice cream man".

### Q-3) Write 'T' for true and 'F' for false statements.

- 1) Yoga improves flexibility and balance. \_\_\_\_\_
- 2) Bhujangasana is also known as a cobra pose. \_\_\_\_\_
- 3) The poem "Ice cream man" describes a winter scene. \_\_\_\_\_
- 4) Tree pose is practiced with both feet on the ground. \_\_\_\_\_
- 5) The ice cream man's cart only has one flavor of ice cream. \_\_\_\_\_

### Q-4) Underline the nouns in the given sentences.

- 1) The book is on the table.
- 2) The students are studying for their exams.
- 3) The dog is barking loudly.
- 4) The computer is not working properly.
- 5) The picture is hanging on the wall.
- 6) The kids are playing in the park.

### Q-5) Write the Plural forms of Noun.

- |            |         |            |         |
|------------|---------|------------|---------|
| 1) Watch   | - _____ | 5) Door    | - _____ |
| 2) Country | - _____ | 6) Library | - _____ |
| 3) Shoe    | - _____ | 7) Family  | - _____ |
| 4) Box     | - _____ | 8) Booklet | - _____ |

### Q-6) Change the Masculine gender nouns into feminine gender nouns.

- |           |         |             |         |
|-----------|---------|-------------|---------|
| 1) Nephew | - _____ | 3) Actor    | - _____ |
| 2) Waiter | - _____ | 4) Salesman | - _____ |

- 6) Son - \_\_\_\_\_

**Q-7) Rewrite these sentences using possessive nouns.**

- 5) The car of my uncle is red.

**Q-8) Underline the adjectives and state their kinds.**

- 6) She has much experience in marketing. \_\_\_\_\_

**Q-9) Underline the adjectives and circle the nouns.**

- 6) The long journey was tiring.

**Q-10) Diary writing.**

**Write a diary entry in about 50 words for fun activities in school.**

[illegible]