

**VASISHTHA GENESIS SCHOOL, BABEN**

**(ACADEMIC SESSION: 2025-26)**

**Date:** \_\_\_\_\_

**Class:** 2

**Div:** A / B / C

**Subject:** Science

**Name:** \_\_\_\_\_

**Roll No:** \_\_\_\_\_

**REVISION WORKSHEET**

**Q1. Choose the correct option and answer the following questions:**

- i. Which sense organ covers bones and muscles?  
(a) ear                      (b) nose                      (c) skin                      (d) tongue
- ii. Fibres help us to get rid of \_\_\_\_\_ food from our body.  
(a) undigested              (b) digested                      (c) both (a) & (b)              (d) none of these
- iii. We wear \_\_\_\_\_ clothes in summer.  
(a) woollen                      (b) silk                      (c) cotton                      (d) none of these
- iv. Bones make up \_\_\_\_\_ of our total body weight.  
(a) 20%                      (b) 14 %                      (c) 25 %                      (d) 10%
- v. Avoid eating \_\_\_\_\_ food.  
(a) protective                      (b) covered                      (c) raw                      (d) uncovered
- vi. Our body has about \_\_\_\_\_ muscles.  
(a) 206                      (b) 600                      (c) 650                      (d) 300
- vii. Houses made of mud, straw and sticks are called \_\_\_\_\_.  
(a) Kutcha house              (b) stilts                      (c) tents                      (d) caves
- viii. Wool is obtained from  
(a) cotton plant                      (b) sheep                      (c) silkworm                      (d) jute
- ix. People living at one place for a long time make \_\_\_\_\_ houses.  
(a) Permanent                      (b) igloos                      (c) caravan                      (d) houseboat
- x. We should take our meals at \_\_\_\_\_ time.  
(a) Any                      (b) proper                      (c) play                      (d) random

**Q2. Fill in the blanks with the appropriate words and complete each sentence:**

- i. We eat food to stay \_\_\_\_\_.
- ii. Never \_\_\_\_\_ food.
- iii. Houses made of ice are called \_\_\_\_\_.
- iv. Eating \_\_\_\_\_ provides us fibres.
- v. We are born with \_\_\_\_\_ bones in our body.
- vi. Houses made of bricks, cement, stones and iron are called \_\_\_\_\_ houses.
- vii. We get silk from \_\_\_\_\_.

- viii. We must drink at least \_\_\_\_\_ glasses of water everyday.
- ix. Fruits and vegetables are \_\_\_\_\_ foods.
- x. We wear \_\_\_\_\_ on rainy days.

**Q3. State whether the following statements are True or False:**

- i. We should keep our things at proper place. \_\_\_\_\_.
- ii. Wash fruits and vegetables before using them. \_\_\_\_\_.
- iii. We should sleep for 10 to 12 hours at night. \_\_\_\_\_.
- iv. Muscles lie just above the skin. \_\_\_\_\_.
- v. A good and correct posture gives a proper shape to our body. \_\_\_\_\_.
- vi. Protective foods give our body nutrients to grow. \_\_\_\_\_.
- vii. A house protects us from heat, cold wind and rain. \_\_\_\_\_.
- viii. In mountains, houses have flat roofs. \_\_\_\_\_.
- ix. An adult has 206 bones in the body. \_\_\_\_\_.
- x. Water is not important for life. \_\_\_\_\_.

**Q4. Match the following columns:**

Column A	Answers	Column B
i. Butter & potato	i.	a. Winter.
ii. Bones & muscles	ii.	b. Helps us to grow.
iii. Woollen clothes	iii.	c. 70% water in it.
iv. Flat, Bungalows	iv.	d. Work as a team.
v. Our body has	v.	e. Skeleton.
vi. Body building food	vi.	f. Energy giving food.
vii. A strong framework of bones	vii.	g. Permanent houses.

**Q5. Answer the following very short answer type questions:**

- i. Which plant gives us cotton? \_\_\_\_\_
- ii. The place where two or more bones meet \_\_\_\_\_
- iii. House made of cloth. \_\_\_\_\_
- iv. Name any two cooked foods. \_\_\_\_\_

- v. Name any two raw foods. \_\_\_\_\_
- vi. They are under our skin. \_\_\_\_\_
- vii. The way we sit, stand and walk. \_\_\_\_\_

**Q6. Answer the following short answer type questions:**

- i. What is a skeleton?  
\_\_\_\_\_  
\_\_\_\_\_
- ii. What are stilts?  
\_\_\_\_\_  
\_\_\_\_\_
- iii. Name the three kinds of food.  
\_\_\_\_\_  
\_\_\_\_\_
- iv. Why do we need food?  
\_\_\_\_\_  
\_\_\_\_\_
- v. What is the importance of skeleton?  
\_\_\_\_\_  
\_\_\_\_\_
- vi. What kind of clothes do we wear in winter and why?  
\_\_\_\_\_  
\_\_\_\_\_
- vii. Why are fibres important for our body?  
\_\_\_\_\_  
\_\_\_\_\_
- viii. What is a posture? How does correct posture help us?  
\_\_\_\_\_  
\_\_\_\_\_

ix. Why do people built houses with sloping roofs in snowy areas?

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x. What type of food should we eat?

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xi. How do bones and muscles help us?

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xii. Why are houses important to us?

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xiii. Write any two healthy eating habits.

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Q7. Write "P" for the ones we get from PLANTS and "A" for the ones we get from ANIMALS:

			
			