

VASISHTHA GENESIS SCHOOL, BABEN

(ACADEMIC SESSION: 2025-26)

Date: _____

Class: 2

Div: A / B / C

Subject: Science

Name: _____

Roll No: _____

REVISION WORKSHEET

Q1. Choose the correct option and answer the following questions:

- i. Which sense organ covers bones and muscles?
(a) ear (b) nose **(c) skin** (d) tongue
- ii. Fibres help us to get rid of _____ food from our body.
(a) undigested (b) digested (c) both (a) & (b) (d) none of these
- iii. We wear _____ clothes in summer.
(a) woollen (b) silk **(c) cotton** (d) none of these
- iv. Bones make up _____ of our total body weight.
(a) 20% **(b) 14 %** (c) 25 % (d) 10%
- v. Avoid eating _____ food.
(a) protective (b) covered (c) raw **(d) uncovered**
- vi. Our body has about _____ muscles.
(a) 206 (b) 600 **(c) 650** (d) 300
- vii. Houses made of mud, straw and sticks are called _____.
(a) **Kutch house** (b) stilts (c) tents (d) caves
- viii. Wool is obtained from
(a) cotton plant **(b) sheep** (c) silkworm (d) jute
- ix. People living at one place for a long time make _____ houses.
(a) **Permanent** (b) igloos (c) caravan (d) houseboat
- x. We should take our meals at _____ time.
(a) Any **(b) proper** (c) play (d) random

Q2. Fill in the blanks with the appropriate words and complete each sentence:

- i. We eat food to stay **alive**
- ii. Never **waste** food.
- iii. Houses made of ice are called **igloos**.
- iv. Eating **salad** provides us fibres.
- v. We are born with **300** bones in our body.
- vi. Houses made of bricks, cement, stones and iron are called **pucca** houses.
- vii. We get silk from **silkworm**.

- viii. We must drink at least **6-8** glasses of water everyday.
- ix. Fruits and vegetables are **protective** foods.
- x. We wear **raincoats** on rainy days.

Q3. State whether the following statements are True or False:

- i. We should keep our things at proper place. **TRUE**
- ii. Wash fruits and vegetables before using them. **TRUE**
- iii. We should sleep for 10 to 12 hours at night. **FALSE**
- iv. Muscles lie just above the skin. **FALSE**
- v. A good and correct posture gives a proper shape to our body. **TRUE**
- vi. Protective foods give our body nutrients to grow. **FALSE**
- vii. A house protects us from heat, cold wind and rain. **TRUE**
- viii. In mountains, houses have flat roofs. **FALSE**
- ix. An adult has 206 bones in the body. **TRUE**
- x. Water is not important for life. **FALSE**

Q4. Match the following columns:

Column A	Answers	Column B
i. Butter & potato	i. – f	a. Winter.
ii. Bones & muscles	ii. – d	b. Helps us to grow.
iii. Woollen clothes	iii. – a	c. 70% water in it.
iv. Flat, Bungalows	iv. – g	d. Work as a team.
v. Our body has	v. – c	e. Skeleton.
vi. Body building food	vi. – b	f. Energy giving food.
vii. A strong framework of bones	vii. – e	g. Permanent houses.

Q5. Answer the following very short answer type questions:

- i. Which plant gives us cotton? **Cotton plant**
- ii. The place where two or more bones meet. **Joint**
- iii. House made of cloth. **Tent**

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|------|---------------------------------|--------------------------------|
| iv. | Name any two cooked foods. | <u>Rice & Dal</u> |
| v. | Name any two raw foods. | <u>Fruits & vegetables</u> |
| vi. | They are under our skin. | <u>Muscles</u> |
| vii. | The way we sit, stand and walk. | <u>Posture</u> |

Q6. Answer the following short answer type questions:

- i. What is a skeleton?

Ans:- The strong framework of bones is called skeleton.

- ii. What are stilts?

Ans:- Stilts are strong tall poles that hold the house up and above the ground.

- iii. Name the three kinds of food.

Ans:- Energy-giving foods, Body-building foods & Protective foods.

- iv. Why do we need food?

Ans:- We need food to stay alive and have energy to do work.

- v. What is the importance of skeleton?

Ans:- The skeleton gives support and shape to our body. It helps us to stand and sit upright.

- vi. What kind of clothes do we wear in winter and why?

Ans:- We wear woollen clothes in winter because they keep our body warm.

- vii. Why are fibres important for our body?

Ans:- Fibres help us to get rid of undigested food from our body.

- viii. What is a posture? How does correct posture help us?

Ans:- The way we sit, stand, walk and move is called posture. A correct posture gives proper shape to our body and makes us look smart and healthy.

- ix. Why do people built houses with sloping roofs in snowy areas?

Ans:- Sloping roofs help the snow to slide off easily and prevent damage to the roof.

- x. What type of food should we eat?

Ans:- We should eat fresh and clean food.

xi. How do bones and muscles help us?

Ans:- Bones and muscles help us to stand upright. Muscles are attached to the bones and help us to move.

xii. Why are houses important to us?





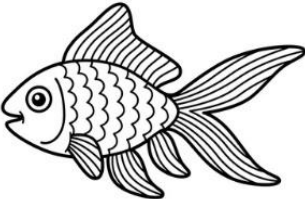
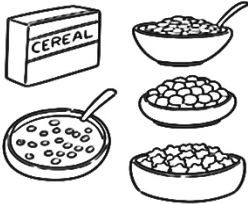
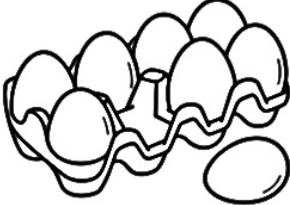

Ans:- A house protects us from heat, cold, rain, animals and thieves. They give us shelter and safety.

xiii. Write any two healthy eating habits.

Ans:- Never waste food.

Brush your teeth twice a day.

Q7. Write “P” for the ones we get from PLANTS and “A” for the ones we get from ANIMALS:

			
<u>P</u>	<u>A</u>	<u>P</u>	<u>A</u>
			
<u>A</u>	<u>P</u>	<u>A</u>	<u>A</u>