



# SHREE VASISHTHA VIDHYALAYA

## Science Worksheet 2025-26



Name : -

Roll No. :-

## Worksheet No.Term 1-02

Std.: - V -

Date : -

## Chapter 5: Health and Disease

**Q-1) Choose the correct option:**



## Q-2) Fill in the blanks

1. \_\_\_\_\_ satellites are sent into space to carry out various function.
  2. \_\_\_\_\_ satellites send signals from one country to another country.
  3. The Moon has no \_\_\_\_\_ so astronauts wear special suits.
  4. \_\_\_\_\_ satellites are used for military purposes.
  5. We can see only one side of the moon because it \_\_\_\_\_ and \_\_\_\_\_ at the same speed.
  6. The changing shapes of the moon are called \_\_\_\_\_.
  7. High tides and low tides occurs almost every \_\_\_\_\_ hours.

### **Q-3) Match the Following**

- | (A)                | (B)                                 | Ans:-    |
|--------------------|-------------------------------------|----------|
| 1) Full Moon       | a) Astronaut                        | 1- _____ |
| 2) Lunar eclipse   | b) Moon comes between earth and sun | 2- _____ |
| 3) Solar eclipse   | c) Complete round moon              | 3- _____ |
| 4) Moon phases     | d) Earth comes between Moon and Sun | 4- _____ |
| 5) Space traveller | e) Different shapes of Moon         | 5- _____ |

**Q-4) Write True or False:**

- 1) The Moon produces its own light. \_\_\_\_\_
  - 2) The Moon causes tides on Earth. \_\_\_\_\_
  - 3) The Moon rotates on its own axis. \_\_\_\_\_
  - 4) The same side of the Moon always faces Earth. \_\_\_\_\_
  - 5) The Moon is smaller than the Earth. \_\_\_\_\_

- 6) Solar eclipse occurs only during day on a full moon day.
  - 7) A lunar eclipse always occurs during night on a New moon day.

### **Q-5) Give One Word Answer**

- 1) A person who travels in space \_\_\_\_\_
  - 2) The time when no Moon is visible \_\_\_\_\_
  - 3) The event when Earth blocks sunlight from reaching the Moon \_\_\_\_\_
  - 4) The bright round Moon seen once a month \_\_\_\_\_
  - 5) When Moon hides the Sun totally \_\_\_\_\_
  - 6) Phase of moon in which lighted portion decreases \_\_\_\_\_

**Q-6) Think and Write answer the questions in your own words:**

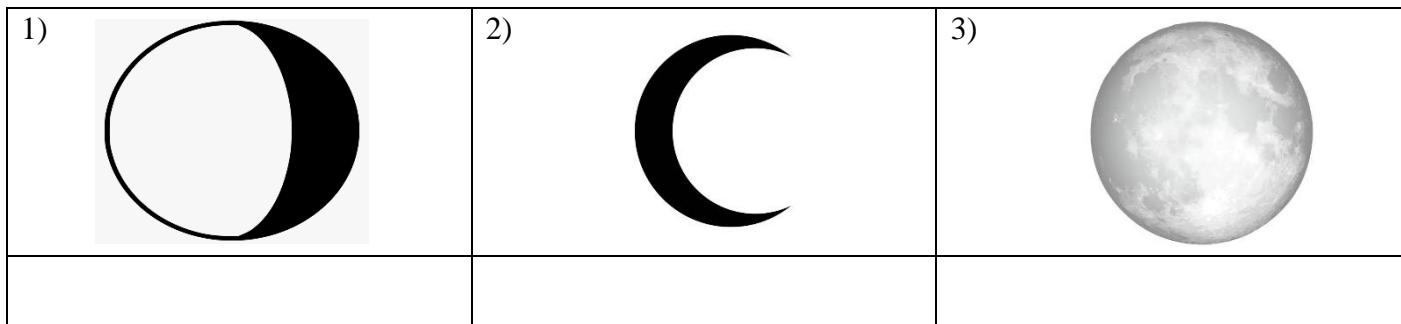
1. How are astronauts able to walk on the Moon despite less gravity and no air?

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**Q-7) Identify and write name of phases of Moon.**



## **Q-8) Case Study Based Questions.**

In 1969, the American space mission Apollo 11 successfully landed on the Moon. Neil Armstrong became the first human to step on the lunar surface. He said, “That’s one small step for a man, one giant leap for mankind.” The Moon had a rough surface, no atmosphere, and less gravity. Astronauts had to wear special suits and helmets.

## MCQs :