



THINK

This is Ramiz. Look at what he does every Sunday. Now, describe his Sunday.

Ramiz wakes up early in the morning.



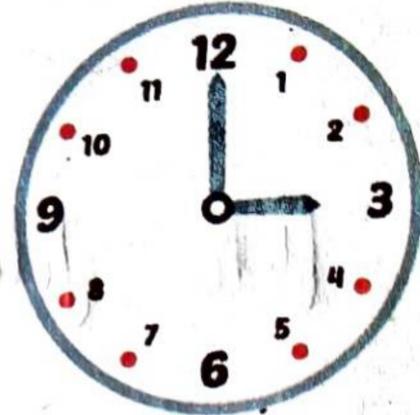
He eats a healthy breakfast.



He waters the plants in the garden.



He goes for his swimming lessons.



He paints with his friends.



He plays chess with his older sister.



Notice that the sentences you have written use the simple present tense.

LEARN

Simple Present Tense

We use the simple present tense to talk about our daily routine. Let us look at some more of its uses now.

The simple present tense expresses things that are always true.

- The Earth **revolves** around the Sun.
- A cuckoo **lays** eggs in another bird's nest.

It expresses actions that are done as a habit.

- I **eat** an apple every morning.
- I **like** watching cartoons.

In simple present tense, the root form of verbs is used such as **eat** and **like**. But, in some cases, we need to add **-s** and **-es** with the root forms as in **revolves** and **lays**.

We add **-s** or **-es** when the subject is singular.
Mary **likes** to drink coffee in the morning.
Mary and James **like** to drink coffee in the morning.
They **like** to drink coffee in the morning.
I **like** to drink coffee in the morning.

PRACTISE

A. Fill in the blanks with the correct form of the verbs given in the brackets.

1. Owls see clearly at night. (**see**)
2. My sister plays basketball every weekend. (**play**)
3. It snows a lot in Canada. (**snow**)
4. I meet my sibling every alternate week. (**meet**)
5. It does not rain a lot here in the summer. (**rain**)
6. The athletes practise for four hours every day. (**practise**)
7. Sam eats a bowl of porridge whenever he is sick. (**eat**)
8. A baby sleeps for a large part of its day. (**sleep**)
9. People speak many languages in India. (**speak**)
10. Grandma sleeps for an hour in the afternoon every day. (**sleep**)

B. Rewrite these sentences by changing the nouns and pronouns in colour from singular to plural. Make other necessary changes.

1. The **girl** loves to play volleyball.

The girls love to play volleyball.

2. A **bird** lays eggs in its nest.

Birds lay eggs in their nests.

3. The **student** studies hard for the exams.

Students study hard for the exams.



4. The old man watches the sun rise every day.

~~The old men watch the sun rise every day.~~

5. I write neatly in my notebook.

~~We write neatly in our notebooks.~~

6. She always forgets her bag.

~~They always forget their bags.~~

7. I like watching animated movies.

~~We like watching animated movies.~~

C. Rewrite the given sentences by changing the nouns and pronouns in colour from plural to singular. Make other required changes in the sentence.

1. The trains leave the station early in the morning.

→ The train leaves the station early in the morning.

2. The boys always eat bread and butter for breakfast.

→ The boy always eats bread and butter for breakfast.

3. The babies laughed loudly.

→ The baby laughed loudly.

4. The clocks in my house are not working.

→ The clock in my house is not working.

5. They play cricket every evening.

→ He plays cricket every evening.

6. My friends clean their beds before going to sleep.

→ My friend cleans his bed before going to sleep.

7. The birds are flying towards a warm place.

→ The bird is flying towards a warm place.

8. We walk from our house to school every morning.

→ I walk from my house to school every morning.

9. The men wanted to win the match at any cost.

→ The man wanted to win the match at any cost.

10. Frogs live on land as well as in water.

→ A frog lives on land as well as in water.

LEARN

Present Continuous Tense

Let us read these sentences now.

- Ajay is cleaning the dishes.
- Ajay is going to clean the dishes.

Notice that both these sentences use the present continuous tense. What do you think is the difference between the two sentences?

The first sentence refers to an action happening now, at the time of speaking. However, the second sentence refers to an action that will happen at some time in the future.

present continuous tense

talks about actions happening at the time of speaking

refers to actions that will happen at some time in the future

is/am/are + -ing
form of verb

is/am/are + going to +
base form of verb

Let us look at some more examples.

- I **am reading** a book. (now)
- I **am going to read** a book this afternoon. (future)
- Danish **is watching** a film. (now)
- Danish **is going to watch** a film tomorrow. (future)



PRACTISE

D. Use these words to make two sentences each in the present continuous tense referring to actions that are happening in the present and that will happen in the future.



1. Jimmy/read/book

Jimmy is reading a book right now.

Jimmy is going to read a book this week.

2. we/play/playground ~~We are playing in the playground.~~
~~are going to play in the playground.~~

3. baby/sleep/cot ~~The baby is sleeping in her cot.~~
~~is going to sleep in her cot.~~

4. my sister/feed/pet parrot ~~My sister is feeding her pet parrot.~~
~~is going to feed her pet parrot.~~

5. I/bake/cake ~~I am baking a cake.~~
~~going to bake a cake.~~

6. Aryan and Arya/play/rain ~~Aryan and Arya are playing in the rain.~~
~~and Arya are going to play in the rain.~~

7. Tanu/stand/bus stop ~~Tanu is standing at the bus stop.~~
~~is going to stand at the bus stop.~~

8. Kavya/write/poem ~~Kavya is writing a poem.~~
~~going to write a poem.~~

9. Kunchok/participate/chess tournament ~~Kunchok is participating in the chess tournament.~~
~~is going to participate in the chess tournament.~~

10. Iram/travel/grandparents' house ~~Iram is travelling to her grandparents' house.~~
~~is going to travel to her grandparents' house.~~



E. Help Viola write a letter using the simple present or the present continuous forms of the verbs in the brackets.



Dear Saba

You will be glad to know that I am enjoying (enjoy) my summer vacation in Shimla. Many people come (come) here every year as they find it (find) an excellent place for summers.

We are staying (stay) at Hotel Paradise. It stands (stand) on a hill-side, and from the window of our room, we have a fine view of the Tara Devi Temple. In the evening, my friend and I usually sit (sit) on the balcony and eat (eat) cherries.

We are visiting (visit) nearby places tomorrow. We are going to return (return) to Delhi on Wednesday.

With love

Viola

F. Complete this paragraph using the simple present or present continuous forms of the verbs, as needed.



We are studying (study) in Class 4. These days we are learning (learn) about leaves and flowers. Today, we are going to visit (visit) a garden where we are going to observe (observe) different types of leaves. We are going to collect (collect) leaves and twigs to make a herbarium file. Along with this, our teacher is going to tell (tell) us interesting facts about different plants.

PLAY

Ratna
29/01/26



Work in groups of 4-5. One learner from each group will come forward at a time and mime actions that he/she does regularly. The other group members will guess the actions using the present continuous tense. After the correct action has been guessed, the group members will make a sentence using the simple present tense to describe an activity he/she does daily.

