

Q-4 Give two examples of each.

- 1) Energy-giving food _____, _____
- 2) Body-building food _____, _____
- 3) Protective food _____, _____

Q-5 Classify the following into vegetarian and non-vegetarian food.



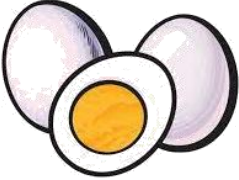
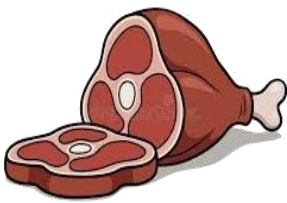
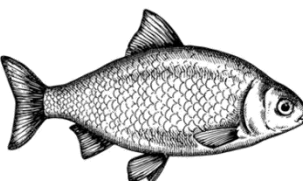

[fish fry, tomato soup, vegetable, pulao, chicken tikka, aloo gobi, paneer tikka, fish curry, butter chicken]

Vegetarian Food	Non-Vegetarian Food

Q-6 Match the following.

- | A | B | Ans. |
|--------------------|-----------------------|----------|
| 1) Body - building | a) burger, pizza | 1- _____ |
| 2) Energy- giving | b) fruits, vegetables | 2- _____ |
| 3) Protective | c) sugar, potato | 3- _____ |
| 4) Unhealthy | d) milk, pulses | 4- _____ |

Q-7 Write 'P' for the food we get from plants and 'A' for the food we get from animals.

1)  <input style="width: 50px; height: 20px;" type="text"/>	2)  <input style="width: 50px; height: 20px;" type="text"/>	3)  <input style="width: 50px; height: 20px;" type="text"/>
4)  <input style="width: 50px; height: 20px;" type="text"/>	5)  <input style="width: 50px; height: 20px;" type="text"/>	6)  <input style="width: 50px; height: 20px;" type="text"/>