



# SHREE VASISHTHA VIDHYALAYA.



English Worksheet 2026-27

(Literature)

Name : - \_\_\_\_\_

Std :- V - \_\_\_\_\_

Roll No. :- \_\_\_\_\_ Worksheet No : PA-1

Date : - \_\_\_\_\_

(Literature – Ch. 1: The New Girl, Ch. 2: Hottest Food Ever, Ch. 3: The First Person)

## Q 1: Read the text and then answer the questions.

When you go to sleep at night, you probably think that you are not doing much. Your body is in one place, your eyes are closed, and you don't talk to people. But your body is doing more than you think it is! Scientists have used special, sophisticated machines to study the way people sleep. They have found that your brain is actually very busy when you sleep. There are several stages of sleep in a sleep cycle. You go through the sleep cycle multiple times each night. Your brain's activity level is a little different in each stage. The final stage of the cycle is called rapid eye movement (REM) sleep. During REM, your eyes are moving even though you are asleep. That is how this stage got its name. Most of your dreams occur during REM sleep.

- 1) What is your brain doing while you are sleeping?  
A) It is not able to work. B) It is only a little busy. C) It is also asleep. D) It is very busy.
- 2) What is true about people during REM sleep  
A) They dream. B) They are awake. C) They talk a lot. D) They feel sick.
- 3) What is an alternative word for **asleep**?  
A) slept B) sleep C) sleeping D) sleepwalk
- 4) Which is a synonym for **occur**?  
A) run B) sleep C) happen D) wake
- 5) What is the full form of REM?  
\_\_\_\_\_

## Q 3: Fill in the blanks given below.

- 1) \_\_\_\_\_ takes pictures of the children in their costumes.
- 2) Zenie was performing a Mizo dance called \_\_\_\_\_.
- 3) The full for of SHU is \_\_\_\_\_.
- 4) To cut through the spice, I am \_\_\_\_\_ on ice.
- 5) Gopal Bhand was hungry and wanted to buy some fresh \_\_\_\_\_.
- 6) Puja is Parth's \_\_\_\_\_ sister.
- 7) People usually \_\_\_\_\_ going near to the king in the morning.
- 8) \_\_\_\_\_ rushed to help the king, but Gopal kept smiling.

**Q 3: State whether the following statements are true or false.**

- 1) Salma Miss says students must share lunchbox to Zenie. ( )
- 2) Puja is wearing a chaniya-choli in a new project. ( )
- 3) Mira's brother used to get teased about his uniform. ( )
- 4) Everyone is having fun during Zenie's performance. ( )
- 5) Gopal Bhand was afraid of the king. ( )
- 6) The king's barber arrived to his chamber to give him a present. ( )
- 7) Mouth is aflame and tongue is on fire because of spicy chilly. ( )
- 8) In 2012, Wilbur Scoville developed the first scientific test to measure spiciness. ( )
- 9) Poetess thought it was cold when they said it was chilli. ( )

**Q 4: Choose the correct answer.**

- 1) What are the seven states of North-East India called?  
a. a) Seven Sisters    b) Seven Brothers    c) Seven Wonders    d) Seven Singers
- 2) What is the name of the new girl?  
a. a) Zenie    b) Mira    c) Zency    d) Puja
- 3) Some children make fun of Zenie by calling her a \_\_\_\_\_?  
a. a) foreigner    b) chinese    c) tall tower    d) fool
- 4) Mira proudly presents a slideshow about the the princely state of \_\_\_\_\_.  
a. a) Assam    b) Rajasthan    c) Punjab    d) Gujarat
- 5) Who has written the poem "Hottest Food Ever"?  
a. a) Kenn Nicholus    b) Kenn Nesbitt    c) Kenn Neymar    d) Kenn Nendroff
- 6) Who developed the first scientific test to measure spiciness?  
a. a) Steve Harington    b) Wilbur Scoville    c) John Scott    d) Nathan Ashley
- 7) Which is the hottest Indian chilly?  
a. a) Kashmiri Chilly    b) Bhut Jolokia    c) Jalapeno    d) Cayenne
- 8) The King of Bengal was a good king, but he was very \_\_\_\_\_.  
a. a) greedy    b) rude    c) superstitious    d) shy
- 9) Gopal Bhand was the \_\_\_\_\_ of the king's court.  
a. a) servent    b) minister    c) jester    d) singer
- 10) What did the king offer everyone from the palace kitchen at the end of the story?  
a. a) barfi    b) kajukatli    c) rasagullas    d) mango juice