

VASISHTHA GENESIS SCHOOL, BABEN

(ACADEMIC SESSION: 2026-27)

Date: _____

Class: 2

Div: A / B / C

Subject: Science

Name: _____

Roll No: _____

REVISION WORKSHEET

Q5. Answer the following very short answer type questions:

1. The place where two or more bones meet Joint
2. Name any two cooked foods. rice, roti
3. Name any two raw foods. cucumber, tomato
4. They are under our skin. muscles
5. The way we sit, stand and walk. posture
6. How many bones do babies have 300

Q6. Answer the following short answer type questions:

- i. What is a skeleton?

Ans:- The strong framework of bones is called skeleton.

- ii. Name the three kinds of food.

Ans:- Energy-giving foods, Body-building foods & Protective foods.

- iii. Why do we need food?

Ans:- We need food to stay alive and have energy to do work.

- iv. What is the importance of skeleton?

Ans:- The skeleton gives support and shape to our body. It helps us to stand and sit upright.

- v. Why are fibres important for our body?

Ans:- Fibres help us to get rid of undigested food from our body.

- vi. What is a posture? How does correct posture help us?

Ans:- The way we sit, stand, walk and move is called posture. A correct posture gives proper shape to our body and makes us look smart and healthy.

vii. What type of food should we eat?

Ans:- We should eat fresh and clean food.

viii. How do bones and muscles help us?





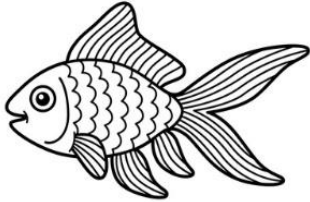
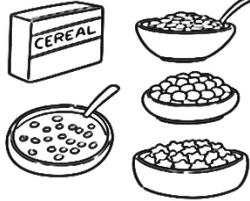
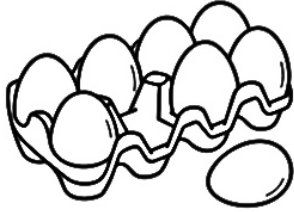

Ans:- Bones support the body and help us to stand upright. Muscles are attached to the bones and help us to move.

ix. Write any two healthy eating habits.

Ans:- Never waste food

Brush your teeth twice a day.

Q7. Write “P” for the ones we get from PLANTS and “A” for the ones we get from ANIMALS:

			
<u>P</u>	<u>A</u>	<u>P</u>	<u>A</u>
			
<u>A</u>	<u>P</u>	<u>A</u>	<u>A</u>