



10

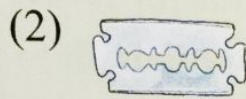
Be Safe

Starter

The following items can be unsafe for us. Name them.



Sciissor



Blade



Knife



Matchsticks

Safety is as simple as ABC—**A**lways **B**e **C**areful.

Safety Rules are the rules that every person should follow to avoid accidents.

Some Basic Safety Rules

In the house

- Do not play with matchsticks or fire. You can burn your skin.
- Do not touch electric wires, switches and plugs. They can give you a shock.
- Do not play with sharp objects, such as knives and blades. They can cut your skin.



While playing

- Never play on or near the road.
- Do not play on an open terrace.
- Play in a ground or a park.



On the road

- Follow the traffic rules.
- Do not talk to strangers.
- Always walk on the footpath.
- Use the zebra crossing while crossing the road.
- Look at the traffic lights before crossing the road.
- Before crossing the road, first look to the right, then to the left and again to the right. If it is clear, then cross the road.
- Use the overhead bridge while crossing a railway line.
- Use underground subways to cross busy roads.



Teacher's note:

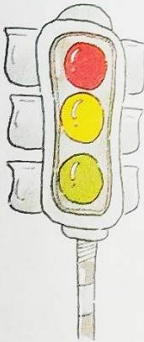
Encourage children to talk about their personal experiences of not following the safety rules. Discuss the safety ideas that children have.



Testimony

Fact File

Road safety week is celebrated in the month of January every year.



Here is what the traffic light has to say to you:

When I turn **RED**, it means you should **STOP**.

When I turn **YELLOW**, it means you should **SLOW DOWN**.

When I turn **GREEN**, it means you should **GO**.

In-Text Activity



H.W.

Look at this picture. Colour the picture of those people who are not following the traffic rules.

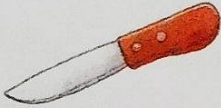




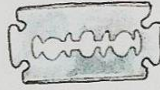
A. Put a (✓) on the correct option.

1. This is a safe object.

(a)



(b)



(c)



2. This is an unsafe object.

(a)



(b)



(c)



3. We should play here.

(a)



(b)



(c)



B. Write any two safety rules to be followed

1. at home.

Do not play with knife, donot touch plugs

2. on the road.

Do not talk to stranger, follow traffic rules

3. while playing.

Never play on road, donot play on open terrace

C. Answer the following questions.

1. What are safety rules?

2. Why should we follow safety rules?

3. How should we cross busy roads?

4. What should we do when we get hurt?

D. Talk about this!

1. Should we talk to the strangers?

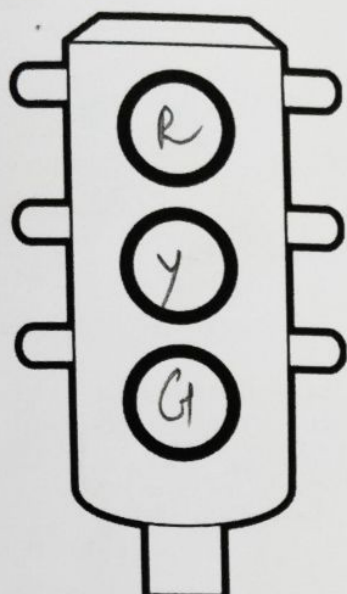
2. Should we take things from strangers?

3. How can talking to strangers be unsafe?



E. Colour the traffic lights and write the meaning of each colour.

Art Integration



1. means STOP

2. means SLOW DOWN

3. means GO

F. Look at the given pictures. Draw a line from the things that should be kept in a first-Aid box.



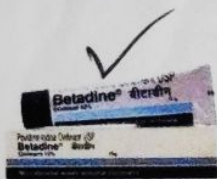
Scissors



Thermometer



Knife



Antiseptic cream



Cotton wool



Tweezer



Matchstick



Spoon



G. You are playing with your sister in your room. Tick (✓) the things which you will use to play.

Scenario Building

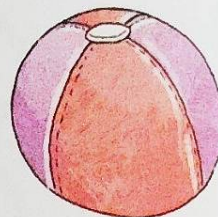
1. ✓



2.



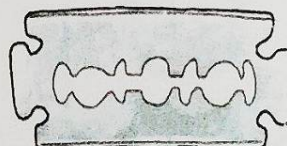
3. ✓



4. ✓



5.



Life Skills



Find out what is a first aid kit. Make one and keep it handy.



To get the Worksheet of this chapter scan this QR Code



CODE-6QHq



MODEL TEST PAPER-1

(Based on Chapters 1 to 10)

A. Tick (✓) the correct option.

1. This is a junk food.

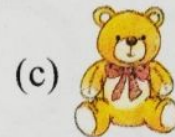

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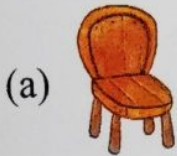
☐

2. This is a safe object.


☐

☐

☒

3. Air is filled in


☐

☒

☐

4. Father's parents are called

(a) uncles

☐

(b) grandparents

☒

(c) aunts

☐

B. Fill in the blanks. Use the Help Box.

1. We hear with our ears.

2. Your brother/sister is your siblings.

3. Woollen clothes keep us warm.

4. The room where mother cooks food is called kitchen.

5. We should maintain a correct posture.

sibling
ears
warm
correct
kitchen

Physical Development

Picture Based Analysis

C. Match the following names with the pictures.

1. Kutcha house (d) 2. Healthy food (e) 3. Junk food (b) 4. Winter dress (a) 5. Pucca house (c)



(a)



(b)



(c)



(d)

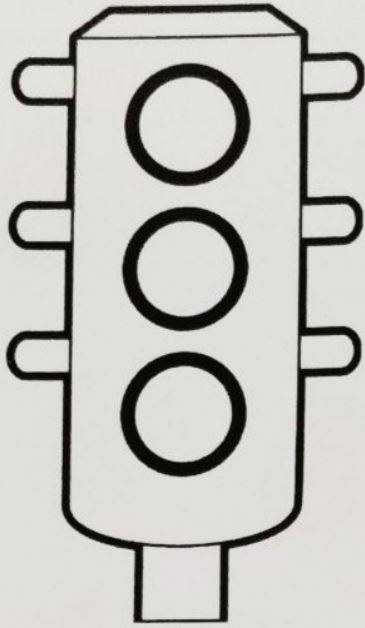


(e)

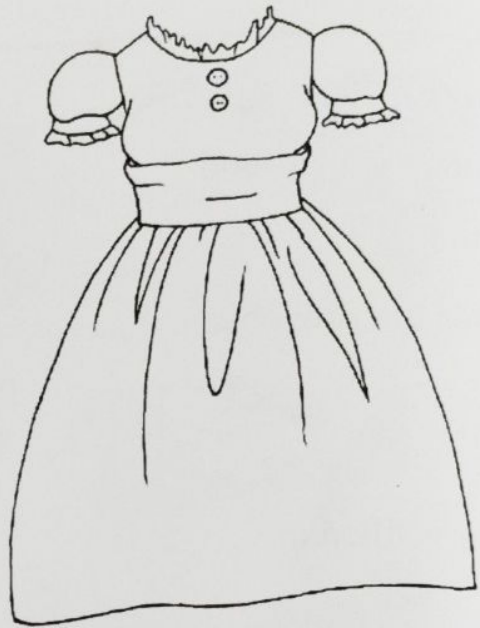


D. Colour the following:

H.W. 1.



2.



Direct Perception

E. Answer the following.

1. Write two uses of water.

Drinking and washing

2. What should we do when we get hurt?

We should inform our parents or teachers

3. Write down two good habits that you should follow.

Respect elders & teachers, Always

Responsible Decision Making

4. Write three things we get from animals.

Eggs, meat and honey

①

F. The parents of our parents are called our grandparents. Parents of our father are called our paternal grandparents. Parents of our mother are called our maternal grandparents.

1. Who are grandparents?

②

2. Who are maternal grandparents?

Case Study Based

