



7

Indian Dresses

Key Concepts

In this lesson, we will learn about:

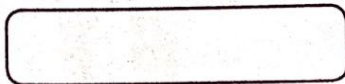
- Why do people wear different types of dresses?
- Men's dresses
- Women's dresses



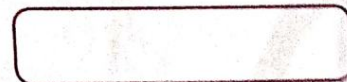
Warm-Up

Direct Perception

Join the dots and colour it. Identify the traditional dress worn by the people in India.



It is a famous dress of Kashmir.



It is a famous dress for women in West Bengal.



Things I have learnt

- We wear clothes according to seasons.
- Shirt and trousers are the most common dresses for men living in cities and towns.
- Saree is the common dress of Indian women.
- The traditional dresses of women in our country are *Ghaghra, Lehnga, Phiran*, etc.



Think and answer

Communication

A. Answer the following questions orally.

1. What are the parts of Indian men's headgear? *caps, turbans*
2. Ghagra-katchli is famous in which state of India? *Rajasthan*
3. What is a long skirt called in Sikkim? *Baku*

B. Tick (✓) the correct answers.

1. The most common dress of Indian men living in towns and cities is

a. Dhoti-kurta	☒ b. Shirt-trousers	c. Lungi-kurta
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2. The most popular dress of Indian women is

a. Salwar-kameez	b. Lehnga-Choli	☒ c. Saree-blouse
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3. Phiran is worn by women in

a. Gujarat	☒ b. Kashmir	c. Bihar
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4. Baku is worn by women in

☒ a. Sikkim	b. Punjab	c. Uttarakhand
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C. Answer these questions.

1. Which are the most popular dresses worn by men and women in India?
2. Name the various types of dresses worn by men in India.
3. Which are the most popular dresses worn by men and women in your state?
4. Why do people wear different types of dresses?
5. What does our dress reflect about us? **HOTS**

D. Inquiry Based Question.

Collaborative Learning

In groups, investigate and compare the traditional Indian dresses worn during different festivals and celebrations. How do these dresses reflect the unique cultural identities of various Indian states and regions?



Do and learn

Remembered Perception

E. Identify the dress and name the state to which the person wearing it belongs to.



Phiran
(Jammu - Kashmir)



Baku
(Sikkim)



Salwar Kameez
(Punjab)



Lungi - shirt
(Tamil Nadu)



Life skills

Social Awareness

In your surroundings, you must have seen kids who do not wear proper clothes. Search your cupboard. Collect 'outgrown' and rejected clothes. Gift them to needy children.



Beyond the Book

Creativity

Organise a fashion show to celebrate Indian dresses. Children can represent the traditional dress of different Indian states and can speak a few lines about their attire.

