



SHREE VASISHTHA VIDHYALAYA

Social Science Worksheet 2026-27

Name: -

Roll No.: -

Worksheet No. TA1-01

Std.: - IV -

Date: -

(CH-3 THE NORTHERN MOUNTAINS)

Q-1 Choose the correct answer.

- Which mountain range lies in the northern part of India?
a) Aravalli ☐ b) ☒ Himalayas ☐ c) Western Ghats
- Which is the highest peak in the world?
a) Kanchenjunga ☐ b) Nanda Devi ☐ c) ☒ Mount Everest
- Which state is the leading producer of tea and oil.
a) Sikkim ☐ b) Uttarakhand ☐ c) ☒ Assam
- Which of these rivers originates in the Northern Mountains?
☒ a) Ganga ☐ b) Godavari ☐ c) Krishna
- The Northern Mountains help India by protecting it from:
a) heavy rainfall ☐ b) ☒ cold winds from Central Asia ☐ c) earthquakes

Q-2 Fill in the blanks.

- Dehradun is the capital of Uttarakhand.
- The Himalayas are the highest mountain range in the world.
- Arunachal Pradesh is known for its oranges and orchids.
- Uttarakhand became a state in the year 2000. Earlier it was a part of Uttar Pradesh.
- The Northern Mountains are the source of many important rivers of India.

Q-3 Name the following.

- Name the state located on the eastern side of Assam. Arunachal Pradesh
- Name the popular festival of Himachal Pradesh. Dussehra
- Name any one tribe living in Meghalaya. Khasi
- Name any one famous hill station located in the Himalayas. Shimla
- Name the famous dance form of Mizoram. Cheraw

Q-4 Match the following.

Column A	Column B	Answer
1. Arunachal Pradesh	a. Middle Himalayan range	1- c
2. Himachal	b. Shifting Cultivation	2- a
3. Mizoram	c. Itanagar	3- b
4. Assam	d. Famous hill station	4- e
5. Shimla	e. Dispur	5- d

Q-5 Rejuggle the following:

- | | | | |
|--------------|------------------|-----------|----------------|
| 1. RECLAGI | <u>GLACIER</u> | 4. RINESH | <u>SHRINE</u> |
| 2. RYMONASTE | <u>MONASTERY</u> | 5. NOMUKA | <u>KUMADON</u> |
| 3. GRIKAN | <u>KANGRI</u> | 6. RANHIP | <u>PHIRAN</u> |

Q-6 Classify the following.

[Mt K2, Pakistan, Nepal, snow covered high peaks, steep rocky peaks, Mt Everest]

Himalayan Ranges	Karakoram ranges
Nepal	Pakistan
Snow covered high peaks.	steep rocky peaks
Mt Everest	Mt K2

Q-7: Answer in one word.

1. Which state is known as the "Land of Festivals"?
2. Which state is known as the "Land of Dawn-Lit Mountains"?
3. Which is the smallest North-Eastern state by area?
4. Which state is known for the Cheraw dance?
5. Which North- Eastern state is famous for tea gardens?

Nagaland
Arunachal Pradesh
Sikkim
Mizoram
Assam

Q-8 Picture Talk

1. What type of landform do you see in the picture? Mountain
2. Name the famous mountain range shown in the picture.

Himalayas

3. Write any one importance of these mountains.

They are the source of many rivers.



Q-9 Case Study

Riya went on a family trip to Himachal Pradesh. She saw tall snow-covered mountains, beautiful valleys and many forests. Her guide told her that these mountains are the Himalayas. He explained that the Himalayas are very important to India. They stop extremely cold winds from entering India and are also the source of many rivers. The mountains also receive snowfall, which provides water to rivers when the snow melts. People can enjoy trekking, beautiful sight scene of Himalaya region.

Answer the following:

1. Which mountain range did Riya visit?

Himalayas

2. Mention one way in which the Himalayas protect India.

They protect India from extremely cold winds from Central Asia.

3. Why are the Himalayas important for rivers?

snow and glaciers melt and provide water to rivers.

4. Name one activity people can enjoy in the Himalayan region.

Trekking